

Essay guidance for your reflective pieces

Your essay should have three main components - an introduction, the body and then a conclusion.

The introduction should set the scene and provide the reader with a little background on the topic provided - this should really capture the reader's interest.

The body of the essay supports the main points that you wish to discuss.

Each point should be developed into paragraphs and supported with evidence to include conflicting evidence should there be any – you should be able to provide counter arguments without bias - thus creating a base for demonstrating your understanding of the key point. Only utilize evidence to discuss the key issues that are relevant to your reflection.

Try to combine short statements into constructive sentences and support all arguments, statements or facts with evidence-based references, if not your own theory. Please use paragraphs to structure your essay so that it follows a logical flow meaning your work will flow well from one topic to the next, these transitions can be linked using one or two words “first; next; in addition,” etc. or one or two sentences that brings the reader to the next point.

Please write the reflections in the **3rd person ONLY** with no use of “I” or “My”.

The conclusion forms a critical summary of the actual components discussed throughout the essay further demonstrating your understanding of the evidence applied to patient care.

Please summarize what you have discussed in the main body, drawing some conclusions about your patient's management and the role of health professionals involved in their care in the essay. This should bring together all the main points of the essay, leaving the reader with a final thought and a sense of closure. The conclusion should not introduce new topics or ideas not already discussed in the body of the essay.

We recommend the use of 5 references per 2,000 words in academic assignments.

The reference list must be accurate, up to date, and listed at the end of the essay preferable Harvard style.

Appendices to support what you are explaining in the text may be included after your references; however, these will not be marked.

We are unable to review draft copies of your reflections, however, should you have a specific query please email hello@barrettmcgrathems.com and you will receive a reply in due course.

Please do be advised, any feedback given is supportive and does not necessarily guarantee a pass

Reflective pieces 1 & 2

It is important to reflect on your own clinical practice and identify aspects of the patient care that is done well in conjunction with areas of concern and propose potential solutions for this as part of your personal professional development.

The reflections are to demonstrate your understanding of the diagnosis, assessment, or management of an asthma patient **in your own specific area** of practice.

- You should discuss your own situation and experiences then refer to best or current evidence –based practice current at the time of the course rather than your own professional opinion.
- Try to be critical where appropriate and describe how this might affect your future management of similar patients in your area of practice. Describe what changes you suggest improving your care and how this might be achieved.
- Use spellcheck and proofread your work. It is surprising how many mistakes and typos can escape a first read through.
- Please ensure that you specifically answer the question as marks will not be allocated for information that may be correct but not relevant to the essay title.